

**Alcohol Use Disorders Identification Test – Consumption (AUDIT-C)**  
(Bradley et al., 2007)

This alcohol harm assessment tool consists of the consumption questions from the full alcohol use disorders identification test (AUDIT).

**Scale:**

**1. How often do you have a drink containing alcohol?**

0 – Never, 1 – Monthly or less, 2 – two to four times per month, 3 – two to three times per week, 4 – four or more times per week

**2. How many units of alcohol do you drink on a typical day when you are drinking?**

0 – zero to two, 1 – three to four, 2 – five to six, 3 – seven to nine, 4 – ten or more

**3. How often have you had 6 or more units if female, or 8 or more if male, on a single occasion in the last year?**

0 – Never, 1 – Less than monthly, 2 – Monthly, 3 – Weekly, 4 – Daily or almost daily

**Scoring:**

- A total of 5 or more is a positive screen
- 0 to 4 indicates low risk
- 5 to 7 indicates increasing risk
- 8 to 10 indicates higher risk
- 11 to 12 indicates possible dependence

**Citation:**

Bradley, K. A., DeBenedetti, A. F., Volk, R. J., Williams, E. C., Frank, D., & Kivlahan, D. R. (2007). AUDIT-C as a brief screen for alcohol misuse in primary care. *Alcoholism, 31*(7), 1208-1217.