

EUROHIS-QOL 8-item index

(Schmidt et al., 2005)

All answer scales have a 5-point response format on a Likert scale, ranging for instance from 'not at all' to 'completely'.

1. How would you rate your quality of life?
2. How satisfied are you with your health?
3. Do you have enough energy for everyday life?
4. How satisfied are you with your ability to perform your daily activities?
5. How satisfied are you with yourself?
6. How satisfied are you with your personal relationships?
7. Have you enough money to meet your needs?
8. How satisfied are you with the conditions of your living place?

Scoring: The overall QOL score is formed by a simple summation of scores on the eight items, with higher scores indicating better QOL.

Citation:

Schmidt, Silke, Mühlan, Holger, & Power, Mick. (2006). The EUROHIS-QOL 8-item index: psychometric results of a cross-cultural field study. *European Journal of Public Health*, 16(4), 420–428.
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