

Utilization of Recovery-Oriented Services

Instructions for participants. Please check all that apply.

Which of the following professionally assisted recovery supports or formal treatment have you ever participated in?

- Outpatient addiction treatment
- Alcohol / drug detoxification services
- Inpatient or residential treatment

Which of the following anti-relapse / craving medications have you ever been prescribed?

- Alcohol Use
 - Antabuse (Disulfiram)
 - Selincro (Nalmefene)
 - Revia (Naltrexone)
 - Campral (Acamprosate)
 - Topamax (Topiramate)
 - Lioresal (Baclofen)
 - Other
- Opioid Use
 - Methadone
 - Orlaam (Levomethadyl acetate)
 - Suboxone (Buprenorphine-naloxone)
 - Subutex (Buprenorphine)
 - Revia (Oral naltrexone)
 - Vivitrol (Long-acting injectable naltrexone)
 - Other

Which of the following recovery support services have you ever participated in?

- Sober living environment (e.g., halfway house, Oxford house, sober dorm, etc.)
- Recovery high schools
- College recovery programs / communities
- Faith-based recovery services (e.g., an addiction recovery support group provided by a church, synagogue, mosque, etc.)
- Recovery community centers
- Online communities (e.g., Facebook groups, In The Rooms, etc.)
- Phone applications (e.g. SoberGrid, CHESS, etc.)

Which of the following mutual-help groups have you ever participated in?

- Alcoholics Anonymous (AA)
- Narcotics Anonymous (NA)
- Cocaine Anonymous (CA)
- Celebrate Recovery
- SMART Recovery
- Women for Sobriety
- Crystal Methamphetamine Anonymous (CMA)
- Marijuana Anonymous (MA)
- LifeRing Secular Recovery
- Moderation Management
- Secular Organizations for Sobriety (S.O.S.)
- Other

I have never used any of the services or programs listed above

Citation:

Kelly, J. F., Bergman, B. G., Hoepfner, B. B., Vilsaint, C., & White, W. L. (2017). Prevalence and pathways of recovery from drug and alcohol problems in the United States population: Implications for practice, research, and policy. *Drug and Alcohol Dependence*, 181, 162-169.

These items were taken from Table 2 of the National Recovery Study (PI: John Kelly), as shown below. We are recommending these items here, as the resulting data can then be compared directly against the NRS data and others using the same items.

Table 2
Recovery pathway choices of U.S. adults who endorsed "used to have a problem with drugs or alcohol, but no longer do" (9.1% (SE = 0.28)).

Pathway	weighted%	SE
Used support	53.9	1.60
Professionally assisted recovery support (aka formal treatment) (any)	27.6	1.43
Outpatient addiction treatment	16.8	1.21
Inpatient or residential treatment	15.0	1.08
Alcohol/drug detoxification services	9.1	0.91
Anti-relapse/craving medication use (any)	8.6	0.93
Alcohol	4.8	0.70
Antabuse (Disulfiram)	2.4	0.45
Selincro (Nalmefene)	0.8	0.29
Revia (Naltrexone)	0.8	0.29
Campral (Acamprosate)	0.5	0.23
Topamax (Topiramate)	0.5	0.28
Lioresal (Baclofen)	0.2	0.23
Other	0.5	0.17
Opioid	4.4	0.73
Methadone	1.4	0.35
Orlaam (Levomethadyl acetate)	0.5	0.31
Suboxone (Buprenorphine-naloxone)	2.3	0.54
Subutex (Buprenorphine)	1.0	0.36
Revia (Oral naltrexone)	0.2	0.17
Vivitrol (Long-acting injectable naltrexone)	0.4	0.26
Other	0.2	0.09
Recovery support services	21.8	1.40
Faith-based recovery services	9.2	0.94
Sober living environment	8.5	0.95
Recovery community centers	6.2	0.85
State or local recovery community organization	3.0	0.61
College recovery programs/communities	1.7	0.52
Recovery high schools	0.8	0.37
Mutual-help groups	45.1	1.60
Alcoholics Anonymous (AA)	34.6	1.49
Narcotics Anonymous (NA)	17.5	1.23
Cocaine Anonymous (CA)	2.3	0.43
Celebrate Recovery	2.2	0.44
SMART Recovery	1.3	0.35
Women for Sobriety	1.2	0.37
Crystal Methamphetamine Anonymous (CMA)	0.8	0.37
Marijuana Anonymous (MA)	0.9	0.43
LifeRing Secular Recovery	0.4	0.27
Moderation Management	0.2	0.10
Secular Organizations for Sobriety (S.O.S.)	0.2	0.10
Other	3.2	0.47